



# How does temperature affect your metabolism?

The National Institute of Diabetes and Digestive and Kidney Diseases (NIDDK) at the National Institutes of Health (NIH) in Bethesda, Maryland is studying how mild temperature changes affect metabolism and hormone levels.

- Volunteers will sleep at the NIH Clinical Center for four months while continuing regular daily activities
- Lodging, meals and study-related tests are provided at no cost
- Periodic weekend leave will be permitted
- Temperatures in the private room will range from cool to warm (66° F – 80° F)
- Blood work will be collected and other tests will be conducted
- Compensation will be provided

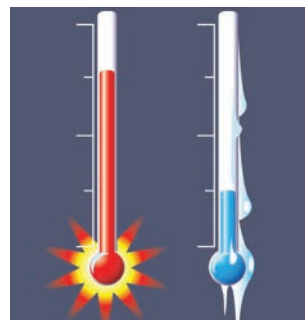
## Who may be eligible:

- healthy, lean males, 18-40 years old

## Who may not be eligible:

- anyone with a chronic medical condition such as high blood pressure or diabetes
- anyone who smokes
- anyone with a bleeding disorder

The study is located at the NIH Clinical Center, America's research hospital, on the Metro red line (Medical Center stop), in Bethesda, Maryland.



For more information,  
call: **1-866-411-1222**  
(TTY: 1-866-411-1010)

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or go online, [clinicaltrials.gov](http://clinicaltrials.gov)  
search for study #**13-DK-0013**

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